

## 58 Day Ultimate African Overlander

This safari is the ultimate African Overland experience where we travel throughout southern and East Africa and explore game reserves, beaches, wetlands and deserts, from Mount Kilimanjaro to Table Mountain.

We enjoy adrenaline activities and spectacular views at Livingstone, Swakopmund and Jinja. We trek the endangered Mountain Gorillas. We soak in the sun at Lake Bunjonyi, Zanzibar and Lake Malawi. We interact with the Masai and Bushman tribes. We eat local Cuisine on a Township Tour. We partake in Game Safaris in the Masai Mara, Lake Nakuru, Serengeti, Ngorongoro Crater, Chobe, and Etosha National Parks. We climb dune 45 in the Namib Desert and bush camp under the stars at Spitzkoppe; the 'Ultimate African Overlander Safari'.

**Start / End:** Nairobi, Kenya / Cape Town, South Africa

**Duration:** 58 days

**Tour type:** Overland camping safari

**Group size:** Maximum 24 passengers

**Safari vehicle:** Overland truck

**Crew:** 2 Crew members

**Equipment:** 2-Person dome tents with fly sheet and sewn in ground sheets, zip-up insect screens and foam sleeping mattresses. \* (Bring own sleeping bag)

**Included meals:** Breakfast x 52 / Lunch x 50 / Dinner x 45

**Reverse trip:** No

**Website:** [www.african-overland-safaris.com/overland-tours/58-day-ultimate-african-overlander.php](http://www.african-overland-safaris.com/overland-tours/58-day-ultimate-african-overlander.php)

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## Tour Highlights

- **Kenya** - Great Rift Valley, Lake Nakuru National Park, Masai Mara National Reserve
- **Uganda** - Kampala, Jinja, Lake Bunyonyi, Bwindi Impenetrable Forest National Park, Gorilla Trekking
- **Tanzania** - Meserani Snake Park, Masai Village Walk, Ngorongoro Crater, Olduvai Gorge, Serengeti National Park, Great Rift Valley
- **Zanzibar**
- **Malawi** - Lake Malawi
- **Zambia** - Lusaka, Livingstone / Victoria Falls
- **Botswana** - Chobe National Park, Okavango Delta, Kalahari Bush Walk
- **Namibia** - Windhoek, Etosha National Park, Cape Cross Seal Colony, Spitzkoppe, Swakopmund, Namib-Naukluft Park, Sossusvlei, Fish River Canyon
- **South Africa** - Cape Flats Township Tour

# Itinerary

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## **DAYS 1 & 2: Nairobi, Nakuru, Eldoret**

Kenya is East Africa's most popular destination and has a long tradition of tourism and of welcoming visitors. Very often the first word you hear is the Swahili greeting 'Jambo' (hello), often followed by 'Hakuna matata' (no problem!). We recommend you arrive the day before the tour departure in order to relax and overcome any jetlag before your trip. Nairobi has seen rapid growth in recent years but has a comparatively small city centre, a highly interesting city market (great for sharpening your bargaining skills!), as well as craft shops, book shops and plenty of cafes and restaurants to sit and relax in. We depart Nairobi and descend into the 'Great Rift Valley', an enormous cleft in the Earth's surface stretching from the Red Sea to Madagascar but with particularly marked escarpments here in Kenya. Our first stop is Lake Nakuru National Park, a relatively small park (by African standards) located on the Rift Valley floor. Nakuru's shallow soda lake attracts a huge variety of birdlife - especially flamingos, which may gather in such numbers that from the nearby viewing point they form a strikingly pink 'fringe' around the lake-shore. But Lake Nakuru is not simply a bird sanctuary, it is also home to lion, rhino, leopard, warthog, baboon, antelope, and a variety of smaller animals. A delightful introduction to East Africa's wildlife diversity. From Nakuru we continue northwest to Eldoret, and the Uganda frontier.

## **DAYS 3 to 6: Jinja, Kampala**

We cross into Uganda, Winston Churchill's 'Pearl of Africa'. This is a wonderfully fertile country of green terraced hillsides, lush banana plantations, steep mountains and tangled forests. But we spend our first couple of nights on the grassy banks of the River Nile, near the town of Jinja. It was the 19th century British explorer John Hanning Speke who recognised Lake Victoria as the 'source of the Nile' settling a long running dispute about Africa's (and the world's) longest river. From this modest monument, marking the historic spot, the Nile begins its 4132 mile course through Uganda, Sudan and eventually Egypt to the Mediterranean Sea.

Our camp overlooks a dramatic set of rapids known as Bujagali Falls. It is here that we usually have the option to try rafting - an exciting day out for those enjoying the thrill of 'white water'. There is also the opportunity to make some difference to local children at a local school project: 'Softpower' is a locally run voluntary programme aimed at building and improving schools in the Jinja area to which your contribution of a few hours of painting or plastering is always most welcome. Other activities at Jinja include quad biking, village walks and even bungee jumping! From Jinja, we move on to Uganda's capital Kampala, an attractive hilly city bustling with African street life - roadside traders, markets and busy matatu (mini-bus taxi) stands.

## **DAYS 7 to 14: Gorilla Trek, Nairobi**

From Kampala, we travel south and west, skirting Lake Victoria and heading into the mountainous region of southwest Uganda. Although a long drive, the scenery is very rewarding as we cross the equator and pass through areas of thick papyrus which give way to mountain valleys and ancient forests. Heading deep into the Kigezi Highlands we stop at picturesque Lake Bunyoni, an ancient flooded valley, before arriving at Bwindi National Park. This region of Africa is home to the world's remaining 700 mountain gorillas, half of which inhabit Bwindi. [Occasionally we may travel into neighbouring Rwanda to trek for the gorillas.] On the day of our trek we gather in the early morning to meet our local guide and tracker. Walking in small groups we trek into the thick rainforest. The trekking can be demanding at times with uneven terrain and hilly rainforest but the privilege of spending time with a family of these gentle apes makes the effort well worthwhile. To many people, even those who stay in Africa longer than this two week tour, the day's trek and time with the gorillas remains their most exciting wildlife encounter in Africa.

The usual procedure, once we have located the gorilla 'family', is to squat or sit down and simply observe them for around an hour - the time set by the Uganda Wildlife Authority (the national body charged with controlling and maintaining the gorillas in Uganda). Gorillas are sociable creatures, living in groups between 12 and 20 individuals,

usually led by an 'alpha male' (the 'silverback' - so called because of the silver hair on his back which grows once the male gorilla attains maturity). Most people find that the gorillas are remarkably human-like at close quarters - particularly in the social interaction between family members and in 'play' activity in which the young engage. Photography is permitted (although not with a flash and there are restrictions for those who wish to use a video camera.)

Your permit allows you one trek and gorilla viewing (time limited to one hour). However because the authorities maintain strict limits on the number of visitors allowed to view the gorillas each day we may spend several days in the area while all passengers in our group complete the trek and viewing.

We return to Kenya via Kampala and the Rift Valley to Nairobi where we have a day to relax.

**NB** Depending on the availability of gorilla permits the itinerary on this section of the tour may vary in day to day running order from the above. Also we may visit neighbouring countries, eg Rwanda, for the gorilla trek (instead of Uganda) and that may entail extra visa fees, although we shall endeavour to advise you before departure of any significant change to the tour itinerary.

**NB** In Nairobi the price of accommodation on nights 14 & 15 is not included in the tour. Please put aside between US\$20-25 per night for meals and accommodation here.

#### **DAYS 15 to 17: Nairobi, Masai Mara National Reserve**

After a day to relax and replenish our supplies we depart Nairobi and make our way across the Rift Valley to the Masai Mara National Reserve. We spend two nights camping on the edge of the Reserve and explore the park on morning and afternoon game drives. The sweeping plains, distant horizons, low slung acacia trees, occasional coppices of vegetation, and plentiful wildlife form a deeply evocative introduction to this wonderful continent. Predators (such as lion, cheetah, leopard) are well represented as are 'scavengers' (hyena, vultures) and the grazing animals - zebra, giraffe, buffalo, impala, gazelle as well as abundant birdlife. From the Mara, we back across the Rift Valley to Nairobi, where we overnight on our way south to Tanzania.

#### **DAYS 15 to 19: Arusha, Serengeti National Park, Olduvai Gorge, Ngorongoro Crater**

After crossing the border at the busy Namanga frontier we come to Arusha. Situated mid-way between Cape Town and Cairo, this is very much Tanzania's 'safari capital' - a bustling city with colourful markets, shops, vehicles and people, all nestling in the shadow of the brooding Mt Meru (4556m). After exploring the curio markets, we head to our camp outside Arusha on the open plains to the west of the city. There is the opportunity to walk or take a camel to one of the local Masai villages and to visit the very informative Snake enclosure. It is from here that we prepare for our two night/three day excursion by 4x4 to Serengeti National Park and the Ngorongoro Crater.

Stopping to see the Olduvai Gorge, made famous by Drs Louis and Mary Leakey for their explorations into early man we descend onto the open plains and wide horizons of the Serengeti. Green after the rains, brown and burnt in the dry this is home to an enormous variety of grazing animals, predators, and birdlife. Flatter and larger than the Masai Mara the Serengeti is simply huge - indeed the name 'derives from the Masai word Siringitu - 'the place where the land moves on forever'. Game viewing here can be superb and camping out in an unfenced campsite where lion and hyena roam nearby is an unforgettable experience.

The following day we drive out of the plains and ascend the outer wall of the Ngorongoro Crater. We spend the night camping on the rim (you may need a jacket as it can be cold at night). At 326 square kilometres in area the Ngorongoro is Africa's largest intact caldera and is a World Heritage Site. If the view from the rim (2400 metres above sea level) is spectacular, the site from the Crater floor (some 600 metres below the rim) is equally enjoyable. All the major mammals are present, except giraffe (which cannot manage the steep slopes leading down one to the Crater floor). We descend the steep access road for a morning of excellent game driving in this dramatic location.

After lunch we drive back up the access road for a final view over the Ngorongoro before we retrace our steps back to Arusha and our camp for the evening.

### **DAYS 20 to 28: Dar es Salaam, Zanzibar**

We have time in Arusha to replenish our stores before continuing past the shadow of Mt Kilimanjaro (Africa's highest peak at 5895m) to Dar es Salaam and the Indian Ocean. 'Dar' is Tanzania's main port and is a hub of commerce and industry - a hot, humid and bustling city. We set up camp at our campsite on the beach just outside of the city centre, usually having time to browse curio markets - best known for ebony wood - and prepare for our trip to Zanzibar.

Evocative and exotic, Zanzibar conjures up images of idyllic, sandy, palm fringed beaches, romantic winding cobbled alleys and lush tropical forests. You will find all of these and an intriguing past on the island. Zanzibar was once a major trading centre for spices and slaves as well as base for the great 19th century European explorers such as John Hanning Speke, Richard Burton and David Livingstone. Indeed the spice trade is centuries old: Zanzibaris have traded with the people of the Arabian peninsula for generations, plying the ocean in simple dhow sailboats relying on the annual trade winds for passage. The Arab influence is evident in the architecture and diverse street stall offerings of the capital, Stone Town. In fact it can be seen right along the East African coast with the Swahili language and culture displaying the mixing of Arab and African cultures over many centuries.

Our time on the island is not structured and your time is at leisure. Perhaps the best way to see Stone Town is on foot: explore the bazaars, shops, mosques, palaces, courtyards and myriad intricate alleyways of the old town. Spices are grown in plantations nearby and you can take day-tours to visit some and have your senses dazzled by the tastes and scents experienced. But if it's white sand, sparkling ocean and hot sun you prefer - head for the northern beaches and enjoy the Indian Ocean at its best. Try snorkelling and diving, indulge in some sumptuous seafood, or simply relax beneath a coconut palm with a cocktail and a good book.

Eventually we cross back to the mainland to Dar by ferry.

**NB** As we leave the truck on the mainland, food and accommodation on Zanzibar is not included in the price or Local Payment. The time is yours to enjoy at leisure. Your tour leader will assist (if you wish) by booking suitable and well priced accommodation in Stone Town or on the beach (budget approx \$30-35 per night), unless you would like to book something independently in advance.

### **DAYS 29 to 34: Mikumi National Park, Lake Malawi Beaches, Chipata**

After returning from Zanzibar we spend one further night in Dar es Salaam before driving across country towards Malawi on the main road running through Mikumi National Park. We enter Malawi - the 'warm heart' of Africa - at its northern tip and almost immediately catch a glimpse of the enormous Lake Malawi. Covering almost a fifth of the country's area, the lake provides a source of livelihood for many of the Malawi people and fishermen, fish traders as well as canoe and net makers are common sights along the shoreline. Freshwater and safe for swimming the lake is also a major attraction for visitors.

We camp along the lake shore, usually by one of the wonderfully peaceful beaches. There is usually a range of water sports available and time to indulge or simply to relax. The Malawi people are well known amongst travellers as being amongst the friendliest in Africa and there is usually the opportunity to meet some of the local people from the communities near the beach.

### **DAYS 35 to 40: Lusaka, Livingstone, Victoria Falls**

Leaving Malawi we cross into Zambia. We drive over the Luangwa River and pass through the capital city, Lusaka, to Livingstone and Victoria Falls, arriving on day 37 of the tour. Our camp is on the banks of the mighty Zambezi River, one of Africa's major rivers, the largest flowing eastward into the Indian Ocean. Time is at leisure. Take advantage

of the wide range of optional activities typically available here: white water rafting, bungee jumping, abseiling, gorge swinging, canoeing, elephant and horse riding, lion walks, game drives and scenic flights. Naturally a visit to the Victoria Falls themselves is a 'must'. At over a mile wide and 100m deep, the 'Falls' is the largest curtain of falling water in the world. Depending on the time of year the spray from the Falls can be seen from 20 or 30 kilometres - hence the local name Mosi au Tunya - the 'smoke that thunders'.

NB For the sake of practicality, meals in the Livingstone/Victoria Falls area are restricted to breakfasts. This allows you to take on half day or full day activities (some of which include lunch) without having to be back with the group at mealtimes. The Waterfront camp restaurant overlooks the Zambezi River and offers a selection of reasonably priced meals and snacks throughout the day (we suggest you allow US\$30-\$40 per day). Alternatively Livingstone town is a short taxi ride away, where you can eat out at one of the local restaurants.

#### **DAYS 41 & 42: Chobe National Park**

After breakfast we leave Livingstone and travel the short distance to Botswana and the Chobe National Park. Situated in the extreme northern corner of Botswana, Chobe is home to large populations of elephant as well as lion and abundant birdlife, including the African fish-eagle. In the late afternoon, we take an afternoon cruise on the Chobe River - a delightful way to see hippo or elephant, sometimes buffalo, come to the river for bath and drink. Earlier in the day we take an early morning game drive into the park itself for a glimpse of Botswana's premier game reserve.

#### **DAYS 43 to 45: Maun, Okavango Delta**

Further south, we cross the fringes of the Kalahari Desert and make our way to Maun and the Okavango Delta. A natural wetland system spreading over some 1.6m hectares of northern Botswana, the results from rivers that rise in Angola and flow south then divide repeatedly to form an intricate floodplain of channels and islands which spreads out into a broad flat inland delta - the only one of its kind in the world. Our overnight excursion gives us the opportunity to explore some of the area on foot and by dugout canoe (makoro). This is a very unspoilt wildlife area. We search amongst the giant lily pads, tall grasses and narrow channels for hippo, crocodile and a variety of birds. We camp for a night in the Delta itself on one of the river islands - an unforgettable wilderness experience!

#### **DAYS 46 & 47: Ghanzi, Windhoek**

Leaving the Okavango we travel south-west skirting the Kalahari. We stop at Ghanzi and take a guided Bushman Walk to discover some of the secrets of this immense terrain and gain a glimpse of how the indigenous people live in this area. The following day we continue west into Namibia and stop a night in the capital Windhoek, a city steeped in German atmosphere and architecture. Enjoy the contrast from the previous few nights, perhaps with a flagon of ale at one of the local taverns.

#### **DAYS 48 to 52: Etosha National Park, Cape Cross Seal Colony, Swakopmund**

We make our way north to Etosha National Park, a vast reserve of over 20,000 square kilometres in area surrounding a central salt depression or 'pan.' The pan is seasonally filled with water but managed year-round waterholes sustain some 114 mammal and 340 bird species. We spend two nights in Etosha, camping near a floodlit waterhole which offers exciting night viewing for those who wish to stay up late.

Turning south again, we pass through the eerie Spitzkoppe area and travel along some of the desolate Atlantic coast, stopping to visit the impressive Cape Cross Seal Colony. Home to some 80,000 seals this is the place where in the year 1486, the Portuguese mariner Diego Cão first set foot on the coast of southwest Africa.

We arrive at the colonial town of Swakopmund, Namibia's main seaside resort. Sandwiched neatly between the desert and the ocean, this delightful coastal oasis has developed into something of an adventure centre. Try 'quad

biking, sand boarding, or skydiving (weather permitting) or for those preferring a slower pace, take a coastal walk or indulge in Swakopmund's café culture at your own leisure.

### **DAYS 53 to 55: Namib Naukluft Park, Fish River Canyon**

Continuing south through the barren desert we reach the Namib Naukluft Park. The world's oldest desert and containing some of the highest sand dunes in the world - some of Sesriem and Sossusvlei's dunes are over 300m high - this is an ideal spot to clamber to the top of one and see the sun rise over the empty desert. We continue deeper into the park for a nature walk across the salt pans and flat valley floors. Don't forget your camera - the changing colours of the sand as the sun rises and sets throughout the day offer brilliant photographic opportunities.

Continuing to the very south of Namibia we admire the awesome beauty of the Fish River Canyon. One of the natural wonders of Africa, some 500m deep and over 160km long, this is the second largest canyon in the world after America's Grand Canyon. Again, there are plenty of opportunities for keen photographers as we spend time around this area and visit the canyon's infamous sharp river bend known as 'Hell's Corner.'

### **DAYS 56 to 58: Gariep River, Cape Town**

On our final leg of the journey we leave Namibia and enter South Africa stopping en route for a night next to the desolate but striking Gariep (Orange) River.

We continue south and notice the desert slowly give way to the increasingly fertile Cape Province. On the edge of Cape Town itself lie the Cape Flats, home to Cape Town's townships. We visit some of the local people and community projects in the area.

The townships illustrate both South Africa's tumultuous history and its hope for the future. Finally we continue to cosmopolitan Cape Town, without doubt one of the world's most beautiful cities. If time allows we recommend you spend a few days exploring the city and surrounds. Take advantage of the variety of activities normally available here - from abseiling Table Mountain and shopping at the V&A Waterfront, to wine tasting in the nearby winelands of Paarl and Stellenbosch.

## OPTIONAL EXCURSIONS & ACTIVITIES

In order to give you maximum flexibility on tour we offer a number of optional activities on the tour. To help budget, approximate prices are listed below (in US\$ unless otherwise stated. Pricing subject to change and availability).

ACTIVITY	PRICE	ACTIVITY	PRICE
<b>UGANDA</b>		<b>ZAMBIA (Livingstone)</b>	
Gorilla Trekking - included in tour price	-	Victoria Falls Entry	\$20
Quad Biking	\$50	Zambezi Sunset Cruise	\$60
White Water Rafting	\$85	Flight over the Falls	\$130
Village Walk	\$5	Gorge Swing	\$60
Bungy Jumping	\$55	Vic Falls bungy (single/tandem)	\$120
Forest Walk	\$5-10	White Water Rafting/ Riverboarding	\$145/ \$175
		Croc farm tour	\$30
<b>KENYA</b>		Game walk	\$75
Masai Mara Village Visit	\$25	Lion Encounter	\$130
<b>TANZANIA</b>		<b>BOTSWANA</b>	
Ngorongoro & Serengeti Excursion	\$440	Bushman Walk	\$10
Serengeti Balloon Ride	\$500	Okavango Delta Trip	\$110
Camel Ride	\$30	Okavango scenic flight per 5-seater plane	\$400
<b>ZANZIBAR</b>		<b>NAMIBIA</b>	
Accommodation & Food (per day)	\$35	<b>Sossusvlei</b>	
Spice Tour	\$25	Namib Desert Guided Walk	N\$30
Scuba Diving (Mnemba island)	\$150	<b>Swakopmund</b>	
Snorkelling Day Trip	\$30-45	Quad Biking	N\$500
Dolphin excursion	\$35-\$40	Sand Boarding	N\$250- N\$350
		Deep Sea Fishing	N\$850
<b>MALAWI</b>		Scenic flights	N\$2695
Snorkelling	\$20	Tandem skydive	N\$1900
Scuba Diving	\$40	Dolphin Cruise	N\$480
Horse Riding (half day)	\$45	Kayaking	N\$600
		Quad Biking	N\$500
		<b>SOUTH AFRICA</b>	
		Orange River Canoeing	R200

## **TOUR INFORMATION**

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Travelling overland is great fun, but it can also be challenging! This is a participation tour and your help will be needed in setting up the camp each night and assisting (usually on a rota basis) with the various day to day campsite duties, such as shopping, cooking and keeping the truck and camp tidy. But don't worry it's not all hard work and it's a great way to meet the local people and get to know your fellow travellers. Your contribution benefits the success of the tour - most people find the greater their involvement, the greater their enjoyment of the whole trip.

Africa is an adventure destination and travelling here is not always predictable so be prepared to "expect the unexpected" in difficulties or delays which might come our way! However, you'll soon find that the diversity of the African landscape, the wildlife and the communities we pass on our way, make the sometimes rough travel and long driving days worthwhile.

Come with a sense of adventure and a flexible attitude and you will be sure to enjoy your overland tour across this amazing continent.

### **Tour Style**

African Overland Safari

### **What's Included**

Fully equipped safari vehicle, camping and cooking equipment including sleeping mattress, all road tolls and vehicle taxes, transport, services of driver and tour leader, meals as indicated.

### **What's Not Included**

Local Payment excursions, visas, travel insurance, flights, departure taxes, airport transfers, sleeping bag, optional activities, drinks, tips, meals not mentioned in itinerary, items of a personal nature.

### **Accommodation**

We use 2-person dome tents with fly sheets, built in ground sheets, zip-up insect screens and thick foam sleeping mattresses. We mainly use designated campsites, which often have permanent wash and shower facilities, electricity points and sometimes even a small shop and bar/restaurant.

### **Please Note:**

- Accommodation and meals on Zanzibar (days 25 to 28) are not included in tour price or Local Payment – please allow US\$30 to US\$35 per night.
- Accommodation and meals in Nairobi on nights 14 & 15 are not included in the tour price or Local Payment. Please put aside between US\$25 to US\$35 per night for meals and accommodation.

### **Transport**

24-seater, self contained, custom-built safari truck with onboard tables, plug sockets, freezer, library, i-pod jack, safety features and 70-litre individual lockers.

### **Meals**

Meals included are - Breakfast (B) x52, Lunch (L) x46, Dinner (D) x45

These meals are prepared in camp by the group and help preparing the meals is invited. Most dietary requirements can be catered for on the road. Please ensure you inform us of any special requirements when you book or at your earliest convenience.

### **Game Park Visits**

In order to maximise the quality of game driving and to comply with local authority rulings, some of our National Park visits and game viewing is carried out using services provided by local African ground handlers. As well as enhancing our experience it also allows us to contribute at a 'grassroots' level to local economies from which local people benefit. These local services are included in the Inclusive Local Payment.

### **Gorilla Permits**

The Uganda Wildlife Authority imposes strict regulations regarding the gorilla trekking permits. One of these is that permits must be booked and paid in advance. In order for us to do this we must collect your permit money, in addition to your normal deposit, at the time of booking. Like your deposit, the permit money is not refundable if you cancel your tour. The permits currently (Oct 2010) cost US\$510 per person.

On rare occasions, subject to permit availability, we may purchase trekking permits to view the gorillas in neighbouring Rwanda.

## TOUR PREPARATION

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### Booking Information

When you make a confirmed booking for your tour you will be sent your booking documents and a predeparture booklet with detailed information to help you prepare for your trip. Once you have paid in full you will receive a Travel Voucher giving details of your joining hotel. Nairobi and Cape Town are well served by a number of airlines and your travel agent can advise on flights to the start of the tour.

### Joining Information

This tour starts in Nairobi. The pre-departure meeting is held at 18:00 on the evening prior to departure. The tour departs at 08:00 on day 1 and ends in Cape Town on day 58.

**Meeting point in Nairobi: Boulevard Hotel**  
Address: Harry Thuku Road  
PO Box 42831  
Nairobi  
Tel +245 2 337 221 or +245 2 227 567/8/9  
Fax +245 2 334 071  
Email: [hotel@hotelboulevardkenya.com](mailto:hotel@hotelboulevardkenya.com)

Pre-dep. meeting: 18:00 prior to departure day  
Tour start time: 08:00 on day 1

**Tour end point in Cape Town: Ashanti Lodge Green Point**  
Address: 23 Antrim Rd  
Three Anchor Bay,  
Green Point  
Cape Town, 8005,  
Tel +27 (0)21 433 1619  
Email: [info@ashanti.co.za](mailto:info@ashanti.co.za)  
Tour end time: Approximately late afternoon / early evening on day 58

### Pre-tour Accommodation

This tour departs Nairobi on day 1; we strongly recommend therefore that you plan to arrive the day before departure to overcome any jet-lag and to acclimatise to Africa. We would be happy to book pre-tour accommodation for you – please call or email us (or speak to your agent) with your arrival details and accommodation requirements. However please book early to avoid disappointment and the risk of having to find more expensive (or less convenient) lodgings. If time allows, you may wish to plan a night or two after your tour in Cape Town. Our drop off point is a friendly and informal hostel where you can book various daytrips in and around the Cape Town area. Accommodation is usually available locally on arrival.

See below for a guide to extra accommodation costs. These prices are correct at time of print but are subject to change so please check with us for current prices.

DESCRIPTION	PRICE	DESCRIPTION	PRICE
<b>Nairobi</b>		<b>Cape Town</b>	
Pre-tour accommodation – Triple (p/p/p/n)	\$50	Post-tour accommodation – Dorm (p/p/p/n)	\$25
Pre-tour accommodation – Twin (p/p/p/n)	\$65	Post-tour accommodation – Twin (p/p/p/n)	\$20
Pre-tour accommodation – Single (p/p/p/n)	\$95	Post-tour accommodation – Single (p/p/p/n)	\$50

## What to bring

Please try to keep your luggage to a minimum, bearing in mind that most airlines impose a 20kg limit. It should be brought in a soft holdall or rucksack along with a smaller day bag. You will need to bring a mixture of lightweight clothing and warm clothing for the evenings and early morning game drives. You also need a sleeping bag (and small pillow if preferred). We recommended you pack a small torch or headlamp, mosquito spray and a money pouch/ belt that can be easily hidden. Please try to avoid bringing unnecessary valuables and use your hotel safe to store the bulk of your money, passport, and airline tickets. A full 'What to Bring' list is included in our pre-departure booklet (online version), issued when you book.

## Vaccinations / Health

The table below indicates the vaccinations suggested for travel on this tour but should be treated as a guide only. You should seek professional medical advice from your GP or clinic at least six weeks prior to departure.

Please be aware that the areas visited on this tour are malarial. We strongly recommend your seeking professional medical advice for the appropriate anti-malarial tablets.

COUNTRY	Tetanus	Diphtheria	Polio	Hepatitis A	Hepatitis B	Typhoid	Meningitis	Rabies	Yellow Fever	Malaria
S. Africa	R	R	R	R	-	R	-	-	*	R
Namibia	R	R	R	R	-	R	-	R	*	R
Botswana	R	R	R	R	-	R	-	R	*	R
Zambia	R	R	R	R	R	R	-	R	C	R
Malawi	R	R	R	R	R	R	R	R	R*	R
Tanzania	R	R	R	R	R	R	R	R	R*	R
Kenya	R	R	R	R	R	R	R	R	R*	R
Uganda	R	R	R	R	R	R	R	R	R*	R

C = Compulsory; R = Recommended; \* = If travelling from infected countries a certificate of proof may be required

## Visa Requirements

The table below indicates the visas required for travel to the countries on this tour but should be treated as a guide only. At least one month prior to travel seek confirmation from embassies or a visa specialist, that these requirements are still current. For UK citizens the Foreign & Commonwealth Office (FCO) offers free up-to-date travel info: [www.fco.gov.uk](http://www.fco.gov.uk)

COUNTRY	UK	AUS	NZ	USA	CAN	BEL	IRE	NED	ITA	GER	AUT	SWE	FIN	NOR	MEX
S. Africa	N	N	N	N	N	N	N	N	N	N	N	N	N	Y	N
Namibia	N	N	N	N	N	N	N	N	N	N	N	N	N	Y	Y
Botswana	N	N	N	N	N	N	N	N	N	N	N	N	N	N	Y
Zambia	Y	Y	Y	Y	Y	Y	N	Y	Y	Y	Y	Y	Y	Y	Y
Malawi	N	N	N	N	N	N	N	N	N	N	Y	N	N	Y	Y
Tanzania	Y	Y	Y	Y	Y	Y	Y	Y	Y	Y	Y	Y	Y	Y	Y
Kenya	Y	Y	Y	Y	Y	Y	Y	Y	Y	Y	Y	Y	Y	Y	Y
Uganda	Y	Y	Y	Y	Y	Y	Y	Y	Y	Y	Y	Y	Y	Y	Y

Y = Yes; N = No

## MONEY MATTERS

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### Personal Expenses

Naturally you will require extra money for your own personal spending on the tour, for snacks, drinks, souvenirs, tips and items of a personal nature. Everybody has different spending habits but as a guideline we suggest you budget US\$15-25 per day. Also keep US\$ cash for relevant airport taxes and visas needed, optional activities and any additional accommodation before or after your tour.

- **Spending money** is best carried as cash in US dollars, Sterling or Euro which can then be transferred into local currency on arrival. Your guide can advise how and when you can change the rest of your money throughout the tour.
- **Currencies** are as follows: Kenyan Shilling; Tanzania (including Zanzibar): Tanzania Shilling; Malawi Kwacha; Zambia Kwacha; Botswana Pula, Namibian Dollar, South African Rand, Uganda shilling.
- **ATM machines** are found in Nairobi, Arusha, Dar es Salaam, Kampala, on Zanzibar and in the main cities BUT may be unreliable and therefore we recommend you do not rely on them!
- **Credit cards** can be used to pay for optional activities although charges may be may be high by western standards (+/- 5%).
- **Travellers cheques** can be difficult to cash but make suitable emergency funds.

We recommend you bring your spending money in several different ways (some cash, some t/cheques, some cards); your guide can best advise on what to use where.

### Local Payment

A Local Payment (LP) is to be paid to your tour leader at the pre -departure meeting. The LP fund is administered by the tour leader in conjunction with the group and covers most meals, all game drives using our own vehicle, campsite fees and meals prepared at the truck (usually two or three per day). You can choose to pay either the Basic Local Payment at the beginning, and then pay for your excursions along the way, or else you may pay for everything up front in the Fully Inclusive Local Payment.

Payment must be made in **US\$ cash in clean, post-2005 edition notes**. Traveller's cheques and credit cards **cannot be accepted** as means of payment. The LP amounts set out in the brochure are estimates of local costs at the time of printing. It is subject to inflation, exchange rate changes and local price rises. These may vary from the amounts set out in the brochure or website and on rare occasion where there is a shortfall, passengers will be asked to contribute further. Conversely, where there is a surplus of LP funds at the end of the tour, it will be refunded equally amongst all passengers.

### Tipping

This is always a matter for your own individual discretion but as in many areas where tourism is an important contributor to the economy, it has become customary to give a small gratuity to local staff, including your tour leader and driver, at the end of a tour if services rendered have been to your satisfaction.

### Insurance

It is a booking condition that you have full travel insurance valid for the duration of your tour to cover you for medical emergency and repatriation to your home country. Your guide will ask you for a copy of this when you join the tour. It is also important that you leave a copy of your insurance with the person nominated as your emergency contact. We can recommend a respected, specialist travel insurance provider for this tour.